



Newsflash



Friday, February 10, 2017



In this week's Issue:

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- K-12 News
- Elem – Week Without Walls
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- Yearbook 2017 & PTA Announcements
- Upcoming College Visits & SAT Test Updates

Upcoming Events:

- Feb. 17: House Activities Day (HAD) 2
- Feb. 20: Gr 11-12 IB Art Exhibit Opening (Ayala Center); All School Assembly
- Feb. 20 - March 5: Gr 11-12 IB Art Exhibit (Ayala Center)
- Feb. 23: CIS Open Day
- Feb. 24: Charter Day → **NO SCHOOL**
- Feb. 27: Teacher In-service → **NO CLASSES**

Habits!

As our seniors get feedback from their recent mock exams, I thought it would be a good time to touch on the power of **habits**. We all have habits, and many are normal healthy habits that we need to function, particularly in our information-overloaded world!

Some habits, however, can be unhealthy or unhelpful.

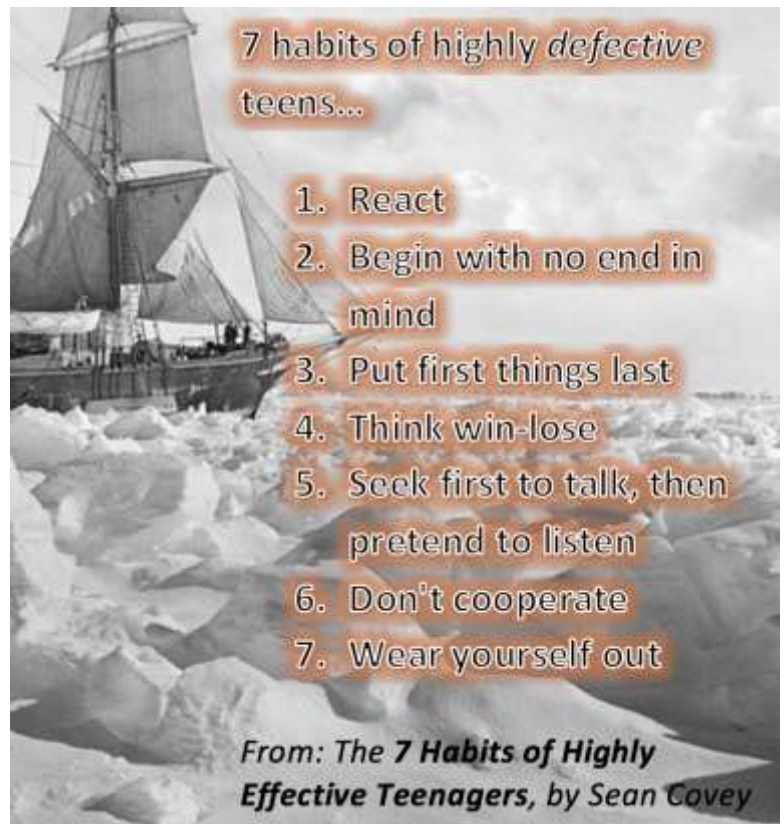
I found this list of **habits of highly defective teens** an interesting way to highlight unhelpful habits, as they are the opposite of the well-known 7 habits of highly effective people, researched by Stephen Covey (this list presented by his son Sean, when he re-wrote his dad's book for teenagers!).

The good news is we can choose our habits, once we know how. In his book **The Power of Habit**, by Charles Duhigg, we learn that,

"...to modify a habit, you must decide to change it. You must consciously accept the hard work of identifying the cues and rewards that drive the habits' routines and find alternatives."

Do you identify with any of the defective habits listed? How could **you** change those habits to turn them into good habits?

Read next week's *Newsflash* for some answers!



Dr. Gwyn Underwood, Superintendent

Photo credit: Frank Hurley (The Antarctic Legend of Sir Ernest Shackleton and Frank Hurley)

CIS Open Day

This semester's Open Day, where potential students and families come to campus and visit classrooms, will be held on **Thursday February 23** from **12:30 pm to 3:30 pm**. If you know of any families that may be interested in touring the campus and trying out classes for a few hours, please contact us so we may invite them to join us!

(Alternatively, forward them the poster on Page 5, or forward it from our school Facebook page!)

CIS Skeleton Calendar 2017/2018 (Semesters and main holiday dates)

A few parents have asked for a reminder of next year's school dates... so here they are again! Please note these are also reflected in our school website calendar at: <http://cis.edu.ph/school-calendar/>

Aug 8	New student orientation (am)
Aug 9	First day of school
Oct 9-13	October Break
Dec 21-Jan 7	Semester Break
Jan 9	First day of classes Sem2
Mar 26-Apr 1	Spring/Easter break
Jun 7	Last day of school & Moving Up Ceremonies

NOTICE: The regular General Membership Meeting for CIS Corporation members will be held on Thursday, March 9, 2017 at 5:00pm in the library.

Details have been emailed to all parents!

K-12 News

Hello All,

Classes are back to normal after two weeks of our Week Without Walls Activities and Mock exams. It's wonderful to see students and teachers back in action in classrooms!

We have a few announcements for this week to share with you all.

ISA Writing and Mathematics assessments – Wednesday & Thursday, February 15/16)

Grades 3, 5, 7, and 10 will take the ISA test on Feb 15/16. We have focused on these grades as benchmark years for writing and are using the ISA test instead of last year's WrAP assessment to understand our students' writing ability compared with a larger global pool of students. The ISA test is an assessment developed by the Australian Council of Educational Research (ACER), who also administer the renown OECD PISA test. The ISA test is focused specifically on international students, whereas the WrAP assessments were more nationally oriented to the US.

We will continue to use this process of assessing these grade levels in the winter for writing to have international benchmarks across bands of students throughout the school.

House Activities Day 2 (HAD 2) – Friday, February 17

We will hold HAD 2 from 12:30-3:10 pm. We will run a condensed schedule so students will still see all scheduled teachers for that day. Grades K-2 will have sessions from 12:30-2:30 and a normal dismissal. Grades 3-5 will dismiss at 3:10 pm that day so they can join session 3. There will be no clubs for grades 3-5 that day. Grades 6-12 have their regular 3:10 dismissal time.

Which House will rise to the top???!?

Day A and Day C switch

To accommodate our Open Day on February 23 we are flipping the Day A and C schedules – Tuesday, **February 21** will be a **Day C** and Thursday, **February 23** will be a **Day A**.

This is a one time switch so that our visiting elementary students will have more time in respective classrooms with our students. Classroom teachers will send reminders to students as well.

Note that **Friday, February 24** is a holiday from school for **Cebu City Charter Day** leading into the EDSA weekend.

Have a fantastic weekend with family and friends!

Dr. Ted Mockrish,
K-12 Principal



Elem. – Week Without Walls

The grade four field trip to KEPCO was a fantastic hands-on learning experience for the students! On the drive down to KEPCO, the students excitedly pointed out transformers and grids that we learned about in class. While at KEPCO, the students were able to learn from two different engineers that personally showed the students around the plant and shared their knowledge with them. They also learned about the efforts the plant goes to try to make the process of turning coal into usable energy environmentally friendly, including how they use the waste products. The students all agreed that the trip connected to our unit well and positively added to their understanding of electrical energy.



Karissa Thompson, Gr 4 Teacher



Calling all CIS Parents:

Please help and invite potential families to our open day!

Cebu International School



DATE: THURSDAY FEBRUARY 23, 2017

TIME: 12:30 PM - 3:30 PM

YOU'RE INVITED!

OPEN DAY

for prospective parents & students

Cebu International School (CIS) is a private institution offering a renowned international education to Pre-school to Grade 12 students.

Our mission is to recognize and nurture potential, and empower all members of our community to have a positive impact in our changing world.

ACTIVITIES

- ✓ Learn more about CIS!
- ✓ Get to know our programs
- ✓ Talk to our students
- ✓ Meet our teachers
- ✓ Chat with PTA members
- ✓ Tour the school

Cebu International School
Pit-os, Cebu City, Philippines

CALL +63 32 261 0247
VISIT www.cis.edu.ph
EMAIL admissions@cis.edu.ph

Grade 11 & 12 IB Art Exhibit



Cebu International School



AN ART EXHIBITION

by the Grade 11 and 12 IB Visual Art Students of
Cebu International School

Opening reception
February 20, 2017 at 6 PM

Ayala Center Cebu
Level 1, Paseo Solano
(Between Cotton On & Pandora)

February 20 - March 5, 2017

COLORS

Handumanan Yearbook 2017

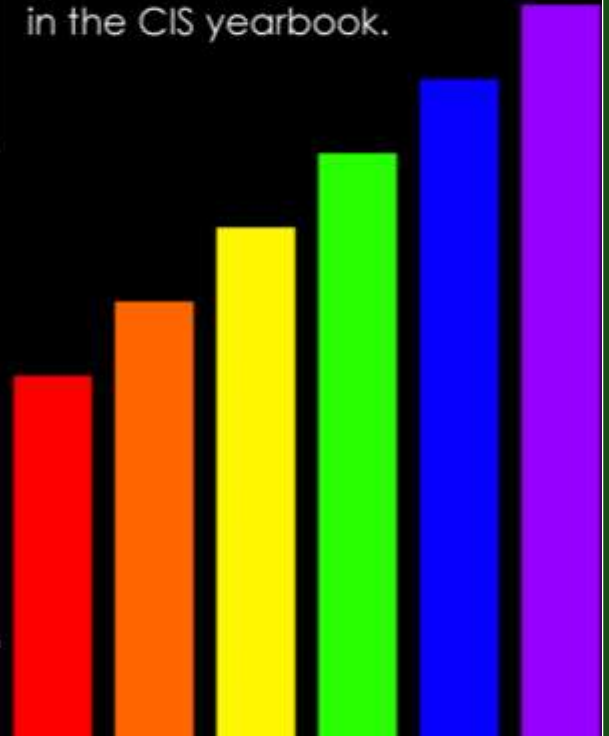
Sponsor a page and advertise in the CIS yearbook.

Full Page Sponsor - Php 6000.00
(Full Page Colored Ad + One Handumanan Copy)

Half Page Sponsor - Php 3000.00
(Half Page Colored Ad)

Quarter Page Sponsor - Php 2000.00
(Quarter Page Colored Ad)

Line Sponsor - Php 1500.00
(Name inclusion)



Please pay directly to the cashier before March 24.

PTA Announcement

Please think about joining the PTA board as President, Vice President, Secretary or Treasurer. All positions will be open for next year. Contact us at cispta@cis.edu.ph if you are interested in learning more!

CIS PTA



News from our College Counselor

Upcoming College Visits/Fairs



Venue: Room 311

Time: 9:15 – 10:00 AM

March 9, 2017 (Thursday)

March 13, 2017 (Monday)

Western Sydney University (Australia)

Australian University Fair

(15-18 universities)

Final list of universities to be published in late February

SAT Test Dates / Registration Deadlines

Test Dates

May 6, 2017

June 3, 2017

Registration Deadlines

April 7, 2017

May 9, 2017

Redesigned SAT Test Prep (2nd Semester)

CIS is offering redesigned SAT prep classes which will run for six (6) Saturday sessions. Classes will run from 8:00am – 12:15pm with a 15 minute break in between 2 hour sessions. Below are the dates:

February 11, 18, March 4, 11, 18 and 25

Cost for CIS students: Php6,500

Cost for non-CIS students: Php8,000



We will need a minimum of 6 students to run the classes. All payments should be made to the school cashier.

For information on the redesigned SATs:

<https://collegereadiness.collegeboard.org/sample-questions>

To register for the SAT: Log on to www.collegeboard.org

If you have any questions or concerns, please feel free to email Ms. Basa at jbasa@cis.edu.ph or call 261-0247 ext. 112 to set an appointment.

Ms. Jenny Basa, College Counsellor

Cebu International School

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www.cis.edu.ph